



December 2020: GYM OPERATIONS & MEMBERSHIP PRICING UPDATE

Foley's 2020 - Thank You & Gym Update

Dear Members,

The Foley's TEAM is hopeful you had a genuinely nice holiday break and were able to safely enjoy family and friends with all your traditions.

Here at Foley's Fitness, we continue to be blessed by you, our community of wonderful members, and our superb staff. You have no idea how much your being here with us, throughout 2020, made this first year of our opening so rewarding, personally and professionally.

Like each of you, we sure are looking forward to the NEW YEAR and the hope and prayer we can move on from COVID-19 without negative impact to our families, friends, and fellow citizens. We, too, are hopeful that you continue to rely on Foley's to be here for you as you review, reset, and get after your fitness goals for 2021.

We are working diligently to keep your gym up to the high standards that we set for ourselves and on which you have come to rely. In 2020, through the shut-down, tempered opening and health-risked days, we continued to invest in technology, products, and newly proven solutions to maintain the gym's cleanliness; brought in new equipment to challenge even our most fit members; immediately fixed typical building and unplanned operational maintenance issues; and sustained a stable income for our employees. Again, what you will always see from us.

Our continued ask from this fitness community and our staff is to: (1) Wipe down everything you touch as you finish AND (2) Always wear your mask everywhere in the gym (over both your mouth and nose). WHY ?? Coronavirus (COVID-19) is a respiratory illness caused by a virus called SARS-CoV-2. The main way the virus spreads is from person-to-person through respiratory droplets when people cough, sneeze, or talk.

- You may also be able to get COVID-19 by touching a surface or object that has the virus on it, and then touching your mouth, nose, or eyes.
- The virus may be spread by people who are not experiencing symptoms.

While we are talking about care of the gym environment, we have had a few issues with member's using the walls and golf net as a prop for medicine ball throws. This has caused unplanned, required repair work, so we ask members to refrain from such activity. We do have the Life-Fitness SYNERGY360 located on the turf specifically designed for this type of exercise. Also, during the winter months, please continue to change out of street shoes and into gym shoes, preferably at the lobby benches/storage area, but certainly prior to entering the gym floor. We sincerely appreciate these simple acts of gym etiquette.

ANNOUNCEMENT: FOR NEW MEMBERS ONLY (those signing up after 31 December 2020), we are announcing a price increase for our memberships. At this time, membership rates for our current members will remain the same. You all have been so loyal, so supportive, and so generous in sticking with us through a turbulent first year and WE WILL NEVER FORGET this. We are here because of YOU! Having said this, for those current members that are considering adding to their memberships (Classes, SPIN or Tanning), we encourage you to do so BEFORE 31 December 2020 to take advantage of your current pricing.

WE DO FITNESS BETTER!

Sincerely, Mike, Joe, Catherine, Jim & STAFF